Take the first step toward saving lives

Suicide is a public health issue in Ohio. Let's all work together to prevent it.

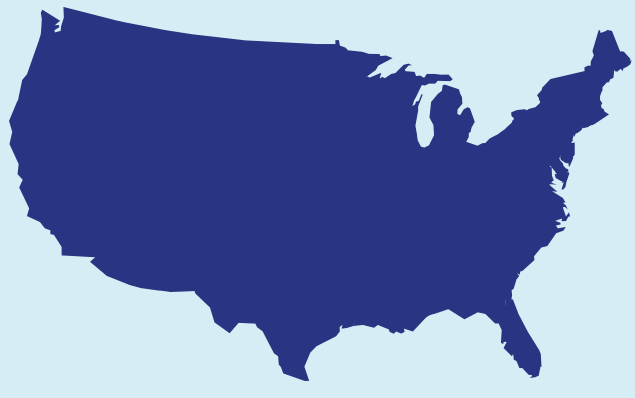### 1,836 Ohioans died by suicide in one year.[1]

That is **5** Ohioans per day

3X the homicide rate for the state

Ohio's suicide rate is slightly higher than the national average.[2]

Ohio: 14.8/100K | National: 14.0/100K

78% of those who die by suicide are men, especially older men. Nearly 12% are young people.[1]

Suicide accounts for 65% of the state's violent deaths.[1]

Risk factors related to suicide[3]

9.3% of adults are unemployed.[5]
With every 1% increase in unemployment, there is a 1.6% increase in suicide.[6]

5.5% of adults either abuse or are dependent on alcohol or drugs (Nat. avg: 8.8%).[4]

Environmental
**Access to lethal means
Unemployment/financial problems
Stressful life events
Exposure to violence**

Health
**Mental health and substance use
Serious/chronic medical conditions
Traumatic brain injury**

Others
**Sexual minority
Social isolation or hopelessness
Impulsivity and/or aggressiveness**

Historical
**Previous attempts
Family history
Childhood abuse, neglect or trauma**

OHIO

7.2% of adults report suffering from one or more depressive episode in the prior year (9th highest state share in the nation).[4]

4.8% of adults have a serious mental illness (5th highest state share in the nation).[4]

24% increase in Ohio's suicide rate from 2008–2017[1]

Help prevent suicide by recognizing and screening for potential risk in your patients.

If you have a patient with potential risk, call the UnitedHealthcare Provider Line for next steps.
1-877-842-3210

For screening tools, scan the QR code or visit providerexpress.com/suicide

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OHIO'S VOICE FOR SUICIDE PREVENTION
OSPF Ohio Suicide Prevention Foundation